

# 2005

## Monroe Country Public School Athletic Association

### Boys' & Girls' Varsity/JV Cross Country Schedule

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Proposed: January 13, 2005

Accepted: January 13, 2005

Format: Special mathematical chart

First year of a two year divisional alignment.

Boys' Chairperson: Matt Tytler Irondequoit 234-6175 (work), 342-8311 (home)  
Director Advisor: Dennis Fries Irondequoit 336-3006 (work)  
Girls' Chairperson: Mike Szczepanik Hilton 392-1000 Ext. 2221 (work), 227-1388 (home)  
Director Advisor: Denny Wilcox Hilton 392- 1000 Ext. 2135 (work)

#### Important Dates

First Practice: Monday, August 15  
First Scrimmage: Friday, August 26  
First Meet Allowed: Friday, August 26  
First League Meet: Thursday, September 8

Rosters for County Meet Due: Monday, October 3 (enter online at [www.tytler.net/mcxcws/index.html](http://www.tytler.net/mcxcws/index.html))

Sectional Entry Due: Wednesday, October 26

Monroe County Championship:	Saturday, October 29	@ Mendon Ponds East
# Section V Championship:	Saturday, November 5	@ Marcus Whitman HS
State Meet:	Saturday, November 12	@ Queensbury
Federation Meet:	Saturday, November 19	@ Bowdoin Park, Poughkeepsie
Foot Locker:	Saturday, November 26	@ Van Cortland Park, Bronx
Nike Team Nationals	Saturday, December 3	@ Portland, Oregon
Foot Locker Nationals	Saturday, December 10	@ San Diego, CA

#### Invitational Dates:

Sat., Sept. 10, Nazareth Invitational  
Sat., Sept. 10, Fairport Classic  
Sat., Sept. 17, Wildcat Invitational (site of Sectionals)  
Fri, Sept. 23, Whalen/Dansville Invite  
Sat., Sept. 24, Queensbury Invitational (site of State Meet)  
Sat., Oct. 1, McQuaid Invitational  
Sat., Oct. 1, Tully Invitational (Sec. III)  
Fri., Oct. 7, Irondequoit/Penfield Invite  
# Sat., Oct. 8, Geneseo Invitational  
+ Sat., Oct. 15, Seneca Park Invitational  
^ Sat., Oct. 22, Clarence Invitational

#### Meet Site and Contact Person

@ Nazareth College, Scott Love, [elove9@naz.edu](mailto:elove9@naz.edu)  
@ Center Park, Kathy Brown 585-421-2043  
@ Marcus Whitman HS, Dale Ladd 315-462-9057  
@ Stonebrook Park, Dave Stewart 585-728-2211  
@ Queensbury  
@ Genesee Valley Park, Pete Glavin 585-256-6132  
@ Tully, NY, Jim Paccia 315-636-8633  
@ Harris Whalen Park, R. Manuszak 585-266-0713  
@ Geneseo, NY, Mike Garger 716-346-3095  
@ Seneca Park, Dave George 585-594-1315  
@ Akron Falls Park, John Hunt 716-741-9218

\* Rosh Hashanah Dates: Week of Oct. 2nd

# SAT Testing Dates: 10/8, 11/5

+ PSAT Testing Dates: 10/15

^ ACT Testing Dates: 10/22, 12/10

## Monroe County Cross Country League Divisions

<b>Division I</b>	<b>Division II</b>	<b>Division III</b>
1. Fairport	8. Greece Olympia	15. Brighton
2. Rush Henrietta	9. Hilton	16. East Irondequoit
3. Gates Chili	10. Greece Athena	17. Pittsford Mendon
4. Penfield	11. Spencerport	18. Pittsford Sutherland
5. Brockport	12. Webster Thomas	19. Batavia
6. Churchville Chili	13. Irondequoit	20. Greece Odyssey
7. Webster Schroeder	14. Greece Arcadia	21. East Rochester

## Varsity and JV Monroe County League Schedule

**All league meets start at 4:30PM**

Block # 1, # 2, # 3 **Boys race first**  
 Block # 4, # 5, # 6 **Girls race first**

**\* Denotes the host team \***

*Italics denotes location of meets*

### Block # 1 Thursday, September 8 **Boys race first**

<i>Center Park</i>	<i>Parma Park</i>	<i>Mendon East</i>	<i>Mendon West</i>	<i>Harris Whalen</i>
Athena (2)	<b>* Hilton (2) *</b>	<b>* Rush Henrietta (1) *</b>	East Rochester (3)	Sutherland (3)
Spencerport (2)	Brockport (1)	Odyssey (3)	Penfield (1)	<b>* Thomas (2) *</b>
<b>* Brighton (3) *</b>	Batavia (3)	Gates Chili (1)	<b>* Mendon (3) *</b>	East Irondequoit (3)
Schroeder (1)	Fairport (1)	Irondequoit (2)	Olympia (2)	Churchville Chili (1)
				Arcadia (2)

### Block # 2 Tuesday, September 13 **Boys race first**

<i>Webster Park</i>	<i>English Road</i>	<i>Mendon East</i>	<i>Seneca Park</i>
Spencerport (2)	Rush Henrietta (1)	Hilton (2)	Athena (2)
Sutherland (3)	<b>* Brockport (1) *</b>	East Rochester (3)	Batavia (3)
<b>* Odyssey (3) *</b>	Brighton (3)	Thomas (2)	Mendon (3)
Penfield (1)	East Irondequoit (3)	<b>* Schroeder (1) *</b>	Gates Chili (1)
Fairport (1)	Olympia (2)	Irondequoit (2)	<b>* Churchville Chili (1) *</b>
	Arcadia (2)		

Block # 3 Tuesday, September 20 **Boys race first**

<i>Black Creek</i>	<i>English Road</i>	<i>Mendon East</i>	<i>Seneca Park</i>	<i>Webster Park</i>
* <b>Athena (2) *</b>	Odyssey (3)	East Rochester (3)	Hilton (2)	Brockport (1)
Rush Henrietta (1)	Mendon (3)	Sutherland (3)	Spencerport (2)	* <b>Penfield (1) *</b>
Thomas (2)	East Irondequoit (3)	* <b>Batavia (3) *</b>	Gates Chili (1)	Churchville Chili (1)
Fairport (1)	Schroeder (1)	Brighton (3)	* <b>Olympia (2) *</b>	Irondequoit (2)
	* <b>Arcadia (2) *</b>			

Block # 4 Tuesday, September 27 **Girls race first**

<i>Center Park</i>	<i>Mendon West</i>	<i>Mendon East</i>	<i>Harris Whalen</i>	<i>Parma Park</i>
Mendon (3)	Rush Henrietta (1)	Athena (2)	Thomas (2)	Sutherland (3)
* <b>Fairport (1) *</b>	Spencerport (2)	Hilton (2)	Odyssey (3)	* <b>Brockport (1) *</b>
Brighton (3)	* <b>East Rochester (3) *</b>	* <b>Penfield (1) *</b>	Batavia (3)	Gates Chili (1)
Irondequoit (2)	Churchville Chili (1)	East Irondequoit (3)	* <b>Olympia (2) *</b>	Schroeder (1)
		Arcadia (2)		

\*Note: Tuesday October 4 is a bye week

Block # 5 Tuesday, October 11 **Girls race first**

<i>Black Creek</i>	<i>Mendon West</i>	<i>Mendon East</i>	<i>Harris Whalen</i>	<i>Webster Park</i>
Rush Henrietta (1)	Hilton (2)	* <b>Spencerport (2) *</b>	East Rochester (3)	Athena (2)
* <b>Batavia (3) *</b>	* <b>Odyssey (3) *</b>	Thomas (2)	Fairport (1)	* <b>Sutherland (3) *</b>
Penfield (1)	Brighton (3)	Brockport (1)	Gates Chili (1)	Olympia (2)
Schroeder (1)	Churchville Chili (1)	Mendon (3)	* <b>East Irondequoit (3) *</b>	Irondequoit (2)
			Arcadia (2)	

Block # 6 Tuesday, October 18 **Girls race first**

<i>English Road</i>	<i>Black Creek</i>	<i>Mendon East</i>	<i>Seneca Park</i>	<i>Center Park</i>
* <b>Athena (2) *</b>	Thomas (2)	Fairport (1)	Spencerport (2)	* <b>Rush Henrietta (1) *</b>
East Rochester (3)	Penfield (1)	Olympia (2)	Batavia (3)	Hilton (2)
Brockport (1)	Brighton (3)	Churchville Chili (1)	* <b>East Irondequoit (3) *</b>	Sutherland (3)
Odyssey (3)	* <b>Gates Chili (1) *</b>	* <b>Schroeder (1) *</b>	Irondequoit (2)	Mendon (3)
			Arcadia (2)	

\*Note: Tuesday October 25 is a bye or make up week

Saturday, October 29

**Monroe County Championship** @ Mendon Ponds Park East

Coaches Meeting @ **TBA**

Racing starts @ **TBA**

This is the All County Selection Race

Saturday, November 5

**Sectionals** @ Marcus Whitman H. S.

SAT testing date

Saturday, November 12

**State Meet** @ **Queensbury**

Saturday, November 19

**Federation Meet** @ Bowdoin Park, Poughkeepsie

### **Cross-Country Scheduling Process**

Schools are assigned number (1-20) by random draw. If 21 teams, two schools shall share the same schedule, and only score against each other in their first meet of the season.

Schedule is created by using a Plug in Chart (Team scheduling grid).

Schedule is first adjusted to make sure Block # 1 does not have any meets with great divisional championship significance. Schools are reassigned numbers, and then teams are “plugged” in to the remaining Blocks(2-6).

Meet sites are determined by a random draw, except meet # 3 in each block, which is assigned to Mendon East. This insures that every team will run on the County Coaches’ Invite course at least once. This is necessary due to the Coaches’ Invite determining All County status.

A table of meet sites is made to determine if any teams are at a single site 3 or 4 times. If so, rearrange as best as possible to try to get all teams at no site more than twice, or at least the fewest schools possible having 3 meets at a single site.

Assign Host School duties. Every team, except Web Site Master, must host 1 meet, and no more than 2 meets.

- Take geography into consideration as much as possible.
- Try not to assign schools host duties if the meet has Divisional significance. (This can not always be done!)

Web Sites of Interest

[www.tytler.net/mcxcws/index.html](http://www.tytler.net/mcxcws/index.html) (Monroe County Coaches Web site)

[www.schedulesonline.org](http://www.schedulesonline.org) (for the most up-to-date schedules)

[www.sectionv.org](http://www.sectionv.org) (sectional info)

[www.mcpsaa.org](http://www.mcpsaa.org) (league info)

[www.nysphsaa.org](http://www.nysphsaa.org) (state info)

[www.armorytrack.com](http://www.armorytrack.com) (all kinds of info)

[www.tullyrunners.com](http://www.tullyrunners.com) (another great source of information and results)